

# THE LIFE MANIFESTO QUOTES

Here is your 'Quote' resource giving you 50 quotes relevant to each category of The Life Manifesto – and who doesn't love a good quote!

Quotes are awesome tools, especially when it comes to personal development programs like The Life Manifesto. They're like little nuggets of wisdom that pack a big punch. They have this incredible ability to take complex ideas and boil them down into something you can easily grasp and remember.

But it's not just about understanding - quotes have a way of lighting a fire under us. They can be incredibly inspiring and motivating. When you're feeling stuck or discouraged, the right quote can give you that push you need to keep going.

Aside from that quotes can also:

1. Flip your perspective offering you a new point of view.
2. They can stir up emotions allowing you to connect more deeply with the category and your 'Why'.
3. They can simplify concepts for you.
4. They allow you to connect more personally to your Life Manifesto.
5. They make things easier to remember and apply things to your daily life.

So, when you use quotes in The Life Manifesto for each life category - like Buddha talking about health or Eleanor Roosevelt on adventure - they're doing a lot more than just looking pretty. They're setting the tone, inspiring thought, and giving you a springboard to dive deeper into each area of your life.

So, remember to use them throughout your Manifesto and just put them wherever you have a blank space and of course if the ones we have here don't resonate with you then just ask Google as we guarantee it will have at least one that fits 😊

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# HEALTH & FITNESS

1. “Take care of your body. It’s the only place you have to live.” — Jim Rohn
2. “The greatest wealth is health.” — Virgil
3. “To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear.” — Buddha
4. “Health is not valued till sickness comes.” — Thomas Fuller
5. “The first wealth is health.” — Ralph Waldo Emerson
6. “Your body hears everything your mind says.” — Naomi Judd
7. “It is health that is real wealth and not pieces of gold and silver.” — Mahatma Gandhi
8. “A fit body, a calm mind, a house full of love. These things cannot be bought—they must be earned.” — Naval Ravikant
9. “The human body is the best picture of the human soul.” — Ludwig Wittgenstein
10. “Exercise is labor without weariness.” — Samuel Johnson
11. “Good health and good sense are two of life’s greatest blessings.” — Publilius Syrus
12. “Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship.” — Buddha
13. “If you don’t take care of your body, where are you going to live?” — Unknown
14. “The only bad workout is the one that didn’t happen.” — Unknown
15. “Fitness is not about being better than someone else. It’s about being better than you used to be.” — Khloe Kardashian
16. “The groundwork for all happiness is good health.” — Leigh Hunt
17. “Physical fitness is the first requisite of happiness.” — Joseph Pilates
18. “Your health account, your bank account, they’re the same thing. The more you put in, the more you can take out.” — Jack LaLanne
19. "Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity." - John F. Kennedy
20. "The only bad workout is the one that didn't happen." - Unknown

21. "Fitness is not about being better than someone else. It's about being better than you used to be." - Unknown
22. "Exercise is king. Nutrition is queen. Put them together and you've got a kingdom." - Jack LaLanne
23. "Success is the sum of small efforts, repeated day in and day out." - Robert Collier
24. "The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd rather not." - Mark Twain
25. "To enjoy the glow of good health, you must exercise." - Gene Tunney
26. "Motivation is what gets you started. Habit is what keeps you going." - Jim Ryan
27. "Your body is a reflection of your lifestyle." - Unknown
28. "If you don't make time for exercise, you'll probably have to make time for illness." - Robin Sharma
29. "Let food be thy medicine and medicine be thy food." - Hippocrates
30. "Health is a state of complete harmony of the body, mind and spirit." - B.K.S. Iyengar
31. "You don't have to be extreme, just consistent." - Unknown
32. "The best project you'll ever work on is you." - Unknown
33. "Strength does not come from physical capacity. It comes from an indomitable will." - Mahatma Gandhi
34. "The difference between the impossible and the possible lies in a person's determination." - Tommy Lasorda
35. "Movement is a medicine for creating change in a person's physical, emotional, and mental states." - Carol Welch
36. "The higher your energy level, the more efficient your body. The more efficient your body, the better you feel and the more you will use your talent to produce outstanding results." - Tony Robbins
37. "It's not about perfect. It's about effort." - Jillian Michaels
38. "The secret of getting ahead is getting started." - Mark Twain
39. "The only way to define your limits is by going beyond them." - Arthur C. Clarke
40. "Strive for progress, not perfection." - Unknown

41. "The body achieves what the mind believes." - Unknown
42. "Fitness is not a destination, it's a way of life." - Unknown
43. "You don't have to be great to start, but you have to start to be great." - Zig Ziglar
44. "Our bodies are our gardens – our wills are our gardeners." - William Shakespeare
45. "The hardest lift of all is lifting your butt off the couch." - Unknown
46. "What seems impossible today will one day become your warm-up." - Unknown
47. "Rome wasn't built in a day, and neither was your body." - Unknown
48. "Health is a relationship between you and your body." - Terri Guillemets
49. "You are what you eat, so don't be fast, cheap, easy, or fake." - Unknown
50. "The best way to predict your health is to create it." - Unknown
51. "If you're tired of starting over, stop giving up." - Unknown
52. "An apple a day keeps the doctor away." - Proverb
53. "A healthy outside starts from the inside." - Robert Urich
54. "The mind is everything. What you think you become." - Buddha
55. "Don't wish for a good body, work for it." - Unknown
56. "Your body can stand almost anything. It's your mind that you have to convince." - Unknown
57. "Eating crappy food isn't a reward — it's a punishment." - Drew Carey
58. "The pain you feel today will be the strength you feel tomorrow." - Unknown

# FUN, ADVENTURE, & TIMEOUT

1. "Adventure is worthwhile in itself." - Amelia Earhart
2. "Life is either a daring adventure or nothing at all." - Helen Keller
3. "Adventure may hurt you, but monotony will kill you." - Unknown
4. "The biggest adventure you can take is to live the life of your dreams." - Oprah Winfrey
5. "Jobs fill your pockets, but adventures fill your soul." - Jaime Lyn Beatty
6. "If you think adventure is dangerous, try routine. It's lethal." - Paulo Coelho
7. "Adventure isn't hanging on a rope off the side of a mountain. Adventure is an attitude that we must apply to the day to day obstacles of life." - John Amatt
8. "The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience." - Eleanor Roosevelt
9. "Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do." - Mark Twain
10. "Life is short and the world is wide." - Simon Raven
11. "Adventure is not outside man; it is within." - George Eliot
12. "The joy of life comes from our encounters with new experiences." - Christopher McCandless
13. "Blessed are the curious for they shall have adventures." - Lovelle Drachman
14. "To live will be an awfully big adventure." - J.M. Barrie, Peter Pan
15. "If you don't take risks, you'll have a wasted soul." - Drew Barrymore
16. "Man cannot discover new oceans unless he has the courage to lose sight of the shore." - Andre Gide
17. "Adventure is worthwhile." - Aesop
18. "Only those who risk going too far can possibly find out how far they can go." - T.S. Eliot
19. "The biggest adventure you can ever take is to live the life of your dreams." - Oprah Winfrey
20. "Live life with no excuses, travel with no regret." - Oscar Wilde

21. "Adventure isn't hanging on a rope off the side of a mountain. Adventure is an attitude that we must apply to the day to day obstacles of life." - John Amatt
22. "Life is either a daring adventure or nothing." - Helen Keller
23. "The purpose of life, after all, is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience." - Eleanor Roosevelt
24. "One way to get the most out of life is to look upon it as an adventure." - William Feather
25. "Every man can transform the world from one of monotony and drabness to one of excitement and adventure." - Irving Wallace
26. "If you don't take risks, you'll have a wasted soul." - Drew Barrymore
27. "The very basic core of a man's living spirit is his passion for adventure." - Christopher McCandless
28. "Adventure is allowing the unexpected to happen to you." - Richard Aldington
29. "It's a dangerous business, Frodo, going out your door. You step onto the road, and if you don't keep your feet, there's no knowing where you might be swept off to." - J.R.R. Tolkien
30. "I'm not afraid of storms, for I'm learning how to sail my ship." - Louisa May Alcott
31. "A ship in harbor is safe, but that is not what ships are built for." - John A. Shedd
32. "Adventure is not outside man; it is within." - George Eliot
33. "The biggest adventure you can take is to live the life of your dreams." - Oprah Winfrey
34. "Life should not be a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in broadside in a cloud of smoke, thoroughly used up, totally worn out, and loudly proclaiming "Wow! What a Ride!" - Hunter S. Thompson
35. "To live would be an awfully big adventure." - J.M. Barrie
36. "Adventure is worthwhile in itself." - Amelia Earhart
37. "The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience." - Eleanor Roosevelt
38. "Life is either a great adventure or nothing." - Helen Keller
39. "I am not the same, having seen the moon shine on the other side of the world." - Mary Anne Radmacher
40. "Travel far enough, you meet yourself." - David Mitchell

41. "The best journeys in life are those that answer questions you never thought to ask." - Rich Ridgeway
42. "We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures we can have if only we seek them with our eyes open." - Jawaharlal Nehru
43. "If you think adventures are dangerous, try routine: It's lethal." - Paulo Coelho
44. "Adventure is worthwhile." - Aristotle
45. "Life is an adventure, it's not a package tour." - Eckhart Tolle
46. "Let us step into the night and pursue that flighty temptress, adventure." - J.K. Rowling
47. "The biggest adventure you can ever take is to live the life of your dreams." - Oprah Winfrey
48. "If we were meant to stay in one place, we'd have roots instead of feet." - Rachel Wolchin
49. "The joy of life comes from our encounters with new experiences." - Christopher McCandless
50. "Adventure is out there." - Up (Pixar film)



## EDUCATION & LEARNING

1. "The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."  
- Brian Herbert
2. "Live as if you were to die tomorrow. Learn as if you were to live forever." - Mahatma Gandhi
3. "Education is the passport to the future, for tomorrow belongs to those who prepare for it today." - Malcolm X
4. "The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss
5. "Education is not the filling of a pail, but the lighting of a fire." - William Butler Yeats
6. "The beautiful thing about learning is that nobody can take it away from you." - B.B. King
7. "Education is not preparation for life; education is life itself." - John Dewey
8. "The mind is not a vessel to be filled, but a fire to be kindled." - Plutarch
9. "Tell me and I forget. Teach me and I remember. Involve me and I learn." - Benjamin Franklin
10. "Learning never exhausts the mind." - Leonardo da Vinci
11. "Education is the most powerful weapon which you can use to change the world." - Nelson Mandela
12. "The only person who is educated is the one who has learned how to learn and change." - Carl Rogers
13. "I am always doing that which I cannot do, in order that I may learn how to do it." - Pablo Picasso
14. "Anyone who stops learning is old, whether at twenty or eighty." - Henry Ford
15. "Develop a passion for learning. If you do, you will never cease to grow." - Anthony J. D'Angelo
16. "The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn." - Alvin Toffler
17. "Learning is not attained by chance, it must be sought for with ardour and attended to with diligence." - Abigail Adams
18. "The more I live, the more I learn. The more I learn, the more I realize, the less I know." - Michel Legrand

19. "Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family." - Kofi Annan
20. "The roots of education are bitter, but the fruit is sweet." - Aristotle
21. "Education is the key to unlocking the world, a passport to freedom." - Oprah Winfrey
22. "The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education." - Martin Luther King Jr.
23. "You learn something every day if you pay attention." - Ray LeBlond
24. "The highest result of education is tolerance." - Helen Keller
25. "Learning is a treasure that will follow its owner everywhere." - Chinese Proverb
26. "Education is not the learning of facts, but the training of the mind to think." - Albert Einstein
27. "The aim of education is the knowledge, not of facts, but of values." - William S. Burroughs
28. "Education is simply the soul of a society as it passes from one generation to another." - G.K. Chesterton
29. "The whole purpose of education is to turn mirrors into windows." - Sydney J. Harris
30. "Education is what remains after one has forgotten what one has learned in school." - Albert Einstein
31. "The only thing that interferes with my learning is my education." - Albert Einstein
32. "It is the mark of an educated mind to be able to entertain a thought without accepting it." - Aristotle
33. "Education is not just about going to school and getting a degree. It's about widening your knowledge and absorbing the truth about life." - Shakuntala Devi
34. "The purpose of education is to replace an empty mind with an open one." - Malcolm Forbes
35. "A good education is a foundation for a better future." - Elizabeth Warren
36. "Education is the kindling of a flame, not the filling of a vessel." - Socrates
37. "The goal of education is the advancement of knowledge and the dissemination of truth." - John F. Kennedy
38. "Education is the most powerful weapon which you can use to change the world." - Nelson Mandela
39. "Learning is not compulsory... neither is survival." - W. Edwards Deming

40. "The learning process continues until the day you die." - Kirk Douglas
41. "Education is the ability to listen to almost anything without losing your temper or your self-confidence." - Robert Frost
42. "The more you know, the more you realize you don't know." - Aristotle
43. "A good education is the foundation for a better future." - Solomon Ortiz
44. "Education is what survives when what has been learned has been forgotten." - B.F. Skinner
45. "The goal of education is not to increase the amount of knowledge but to create the possibilities for a child to invent and discover." - Jean Piaget
46. "Education is not the filling of a pot but the lighting of a fire." - W.B. Yeats
47. "The direction in which education starts a man will determine his future life." - Plato
48. "Education is the movement from darkness to light." - Allan Bloom
49. "Education is the key to unlock the golden door of freedom." - George Washington Carver
50. "Education's purpose is to replace an empty mind with an open one." - Malcolm Forbes

## EMOTIONAL LIFE

1. "The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart." - Helen Keller
2. "I don't want to be at the mercy of my emotions. I want to use them, to enjoy them, and to dominate them." - Oscar Wilde
3. "The emotion that can break your heart is sometimes the very one that heals it." - Nicholas Sparks
4. "Emotions are the colours of the soul." - Unknown
5. "Your emotions are the slaves to your thoughts, and you are the slave to your emotions." - Elizabeth Gilbert
6. "The greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind." - William James
7. "Feelings are just visitors, let them come and go." - Mooji
8. "The way I see it, if you want the rainbow, you gotta put up with the rain." - Dolly Parton
9. "We cannot selectively numb emotions, when we numb the painful emotions, we also numb the positive emotions." - Brené Brown
10. "Emotional intelligence is the ability to sense, understand, and effectively apply the power and acumen of emotions as a source of human energy, information, connection, and influence." - Robert K. Cooper
11. "It's not the events of our lives that shape us, but our beliefs as to what those events mean." - Tony Robbins
12. "Emotions are the key to learning, thinking, and memory." - Joseph LeDoux
13. "Your emotions are the slaves to your thoughts, and you are the slave to your emotions." - Elizabeth Gilbert
14. "The emotion that can break your heart is sometimes the very one that heals it." - Nicholas Sparks
15. "The best remedy for those who are afraid, lonely or unhappy is to go outside, somewhere where they can be quiet, alone with the heavens, nature and God." - Anne Frank
16. "Emotion can be the enemy, if you give into your emotion, you lose yourself. You must be at one with your emotions, because the body always follows the mind." - Bruce Lee

17. "The essential difference between emotion and reason is that emotion leads to action while reason leads to conclusions." - Donald Calne
18. "Feelings are much like waves, we can't stop them from coming but we can choose which ones to surf." - Jonatan Mårtensson
19. "The sign of intelligent people is their ability to control emotions by the application of reason." - Marya Mannes
20. "I don't want to be at the mercy of my emotions. I want to use them, to enjoy them, and to dominate them." - Oscar Wilde
21. "Your intellect may be confused, but your emotions will never lie to you." - Roger Ebert
22. "One ought to hold on to one's heart; for if one lets it go, one soon loses control of the head too." - Friedrich Nietzsche
23. "The world is a tragedy to those who feel, but a comedy to those who think." - Horace Walpole
24. "The emotions aren't always immediately subject to reason, but they are always immediately subject to action." - William James
25. "It is not our feelings that determine our lives, but our life that determines our feelings." - Dietrich Bonhoeffer
26. "Feelings are not supposed to be logical. Dangerous is the man who has rationalized his emotions." - David Borenstein
27. "The heart has reasons that reason does not understand." - Jacques Benigne Bossuet
28. "Emotions have taught mankind to reason." - Marquis de Vauvenargues
29. "The degree of one's emotions varies inversely with one's knowledge of the facts." - Bertrand Russell
30. "Don't be afraid of your fears. They're not there to scare you. They're there to let you know that something is worth it." - C. JoyBell C.
31. "The most important decision you make is to be in a good mood." - Voltaire
32. "Emotional self-control is the result of hard work, not an inherent skill." - Travis Bradberry
33. "Whatever is begun in anger, ends in shame." - Benjamin Franklin
34. "When dealing with people, remember you are not dealing with creatures of logic, but with creatures of emotion." - Dale Carnegie

35. "The only way to change someone's mind is to connect with them from the heart." - Rasheed Ogunlaru
36. "Your emotions are the slaves to your thoughts, and you are the slave to your emotions." - Elizabeth Gilbert
37. "Emotions are the colours of the soul." - Unknown
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# EMBODIMENT

1. "Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing." - Abraham Lincoln
2. "The best index to a person's character is how he treats people who can't do him any good, and how he treats people who can't fight back." - Abigail Van Buren
3. "Character is not something you were born with and can't change, like your fingerprints. It's something you weren't born with and must take responsibility for forming." - Jim Rohn
4. "You can easily judge the character of a man by how he treats those who can do nothing for him." - Johann Wolfgang von Goethe
5. "Character is doing the right thing when nobody's looking." - J.C. Watts
6. "The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education." - Martin Luther King Jr.
7. "Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved." - Helen Keller
8. "Character is the result of two things: mental attitude and the way we spend our time." - Elbert Hubbard
9. "Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are." - John Wooden
10. "Weakness of attitude becomes weakness of character." - Albert Einstein
11. "Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing." - Abraham Lincoln
12. "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." - Martin Luther King Jr.
13. "Character is not made in a crisis - it is only exhibited." - Robert Freeman
14. "You cannot dream yourself into a character; you must hammer and forge yourself one." - James Anthony Froude
15. "Character is power." - Booker T. Washington
16. "The best way to predict your future is to create it." - Abraham Lincoln

17. "Watch your thoughts, they become words. Watch your words, they become actions. Watch your actions, they become habits. Watch your habits, they become character. Watch your character, it becomes your destiny." - Lao Tzu
18. "Our character is what we do when we think no one is looking." - H. Jackson Brown Jr.
19. "If you want to test a man's character, give him power." - Abraham Lincoln
20. "Character is much easier kept than recovered." - Thomas Paine
21. "Good character is not formed in a week or a month. It is created little by little, day by day. Protracted and patient effort is needed to develop good character." - Heraclitus
22. "The measure of a man's real character is what he would do if he knew he would never be found out." - Thomas Macaulay
23. "Character is like a tree and reputation its shadow. The shadow is what we think it is and the tree is the real thing." - Abraham Lincoln
24. "Character is the indelible mark that determines the only true value of all people and all their work." - Orison Swett Marden
25. "A man's character is his fate." - Heraclitus
26. "The formation of character in young people is educationally a different task from and a prior task to, the discussion of the great, difficult ethical controversies of the day." - William Bennett
27. "Character is the result of two things: mental attitude and the way we spend our time." - Elbert Hubbard
28. "You can tell a lot about a person's character by what they laugh at." - Unknown
29. "Character is simply habit long continued." - Plutarch
30. "The character of a man is known from his conversations." - Menander
31. "Character is what you are in the dark." - Dwight L. Moody
32. "Talent is nurtured in solitude; character is formed in the stormy billows of the world." - Johann Wolfgang von Goethe
33. "Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing." - Abraham Lincoln
34. "The best index to a person's character is how he treats people who can't do him any good, and how he treats people who can't fight back." - Abigail Van Buren



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43. "Watch your thoughts, they become words; watch your words, they become actions; watch your actions, they become habits; watch your habits, they become character; watch your character, for it becomes your destiny." - Frank Outlaw
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49. "Character is like a tree and reputation its shadow. The shadow is what we think it is and the tree is the real thing." - Abraham Lincoln
50. "Character is the indelible mark that determines the only true value of all people and all their work." - Orison Swett Marden

# SPIRITUALITY

1. "The spiritual journey is the unlearning of fear and the acceptance of love." - Marianne Williamson
2. "We are not human beings having a spiritual experience. We are spiritual beings having a human experience." - Pierre Teilhard de Chardin
3. "The spiritual life does not remove us from the world but leads us deeper into it." - Henri J.M. Nouwen
4. "You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul." - Swami Vivekananda
5. "The greatest thing in the world is to know how to belong to oneself." - Michel de Montaigne
6. "Within you there is a stillness and sanctuary to which you can retreat at any time and be yourself." - Hermann Hesse
7. "The soul always knows what to do to heal itself. The challenge is to silence the mind." - Caroline Myss
8. "Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it." - Rumi
9. "The spiritual journey is individual, highly personal. It can't be organized or regulated. It isn't true that everyone should follow one path. Listen to your own truth." - Ram Dass
10. "Spirituality is not adopting more beliefs and assumptions but uncovering the best in you." - Amit Ray
11. "The privilege of a lifetime is to become who you truly are." - Carl Jung
12. "You do not need to work to become spiritual. You are spiritual; you need only to remember that fact." - Julia Cameron
13. "The most powerful weapon on earth is the human soul on fire." - Ferdinand Foch
14. "The spiritual journey is the unlearning of fear and prejudices and the acceptance of love back in our hearts." - Marianne Williamson
15. "Your vision will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakens." - Carl Jung
16. "The wound is the place where the Light enters you." - Rumi
17. "To be spiritual is to be amazed." - Abraham Joshua Heschel

18. "The spiritual life does not remove us from the world but leads us deeper into it." - Henri J.M. Nouwen
19. "Spirituality is recognizing and celebrating that we are all inextricably connected to each other by a power greater than all of us." - Brené Brown
20. "The most beautiful experience we can have is the mysterious." - Albert Einstein
21. "We are not human beings having a spiritual experience. We are spiritual beings having a human experience." - Pierre Teilhard de Chardin
22. "The purpose of our lives is to give birth to the best which is within us." - Marianne Williamson
23. "You can't have a physical transformation until you have a spiritual transformation." - Cory Booker
24. "The spiritual journey is individual, highly personal. It can't be organized or regulated. It isn't true that everyone should follow one path. Listen to your own truth." - Ram Dass
25. "Spirituality is not to be learned by flight from the world, or by running away from things, or by turning solitary and going apart from the world. Rather, we must learn an inner solitude wherever or with whomsoever we may be." - Meister Eckhart
26. "The only journey is the one within." - Rainer Maria Rilke
27. "Your sacred space is where you can find yourself over and over again." - Joseph Campbell
28. "The spiritual life does not remove us from the world but leads us deeper into it." - Henri J.M. Nouwen
29. "Spirituality is about what we do with the fire inside of us." - Richard Rohr
30. "The most important thing in life is to learn how to give out love, and to let it come in." - Morrie Schwartz
31. "We are not human beings on a spiritual journey. We are spiritual beings on a human journey." - Stephen Covey
32. "The spiritual journey is the unlearning of fear and the acceptance of love." - Marianne Williamson
33. "Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it." - Rumi
34. "The soul always knows what to do to heal itself. The challenge is to silence the mind." - Caroline Myss

35. "Spirituality is recognizing and celebrating that we are all inextricably connected to each other by a power greater than all of us." - Brené Brown
36. "The privilege of a lifetime is to become who you truly are." - Carl Jung
37. "You do not need to work to become spiritual. You are spiritual; you need only to remember that fact." - Julia Cameron
38. "The most powerful weapon on earth is the human soul on fire." - Ferdinand Foch
39. "The wound is the place where the Light enters you." - Rumi
40. "To be spiritual is to be amazed." - Abraham Joshua Heschel
41. "The spiritual life does not remove us from the world but leads us deeper into it." - Henri J.M. Nouwen
42. "You can't have a physical transformation until you have a spiritual transformation." - Cory Booker
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## LOVE & ROMANCE

1. "The best thing to hold onto in life is each other." - Audrey Hepburn
2. "Love is composed of a single soul inhabiting two bodies." - Aristotle
3. "To love and be loved is to feel the sun from both sides." - David Viscott
4. "The greatest happiness of life is the conviction that we are loved." - Victor Hugo
5. "Love does not consist in gazing at each other, but in looking outward together in the same direction." - Antoine de Saint-Exupéry
6. "The best love is the kind that awakens the soul and makes us reach for more." - Nicholas Sparks
7. "Love is friendship that has caught fire." - Ann Landers
8. "You know you're in love when you can't fall asleep because reality is finally better than your dreams." - Dr. Seuss
9. "The giving of love is an education in itself." - Eleanor Roosevelt
10. "Love is an untamed force. When we try to control it, it destroys us. When we try to imprison it, it enslaves us." - Paulo Coelho
11. "The art of love is largely the art of persistence." - Albert Ellis
12. "Love is the flower you've got to let grow." - John Lennon
13. "Love is a game that two can play and both win." - Eva Gabor
14. "The greatest thing you'll ever learn is just to love and be loved in return." - Eden Ahbez
15. "Love is the bridge between two hearts." - Unknown
16. "True love stories never have endings." - Richard Bach
17. "Love is not about possession. It's about appreciation." - Unknown
18. "The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart." - Helen Keller
19. "Love is the only force capable of transforming an enemy into a friend." - Martin Luther King Jr.
20. "Love is like the wind, you can't see it but you can feel it." - Nicholas Sparks

21. "The most important thing in life is to learn how to give out love, and to let it come in." - Morrie Schwartz
22. "Love is not finding someone to live with. It's finding someone you can't live without." - Rafael Ortiz
23. "We love the things we love for what they are." - Robert Frost
24. "Love is a friendship set to music." - Joseph Campbell
25. "The joy of life is finding someone to share it with." - Unknown
26. "Love is the master key that opens the gates of happiness." - Oliver Wendell Holmes
27. "To love is nothing. To be loved is something. But to love and be loved, that's everything." - T. Tolis
28. "Love is not about how many days, months, or years you have been together. Love is about how much you love each other every single day." - Unknown
29. "The best thing about me is you." - Shannon Crown
30. "Love is a canvas furnished by nature and embroidered by imagination." - Voltaire
31. "The heart wants what it wants. There's no logic to these things." - Woody Allen
32. "Love is the only gold." - Alfred Tennyson
33. "Where there is love there is life." - Mahatma Gandhi
34. "Love is the answer, but while you're waiting for the answer, sex raises some pretty good questions." - Woody Allen
35. "The heart has its reasons of which reason knows nothing." - Blaise Pascal
36. "Love isn't something you find. Love is something that finds you." - Loretta Young
37. "Love is a promise, love is a souvenir, once given never forgotten, never let it disappear." - John Lennon
38. "The way to love anything is to realize that it may be lost." - Gilbert K. Chesterton
39. "Love is like a friendship caught on fire." - Bruce Lee
40. "Love is the triumph of imagination over intelligence." - H. L. Mencken

41. "The course of true love never did run smooth." - William Shakespeare
42. "Love is a better teacher than duty." - Albert Einstein
43. "Love is the beauty of the soul." - Saint Augustine
44. "Love is a verb. Love – the feeling – is a fruit of love, the verb." - Stephen Covey
45. "Love is the greatest refreshment in life." - Pablo Picasso
46. "Love is an irresistible desire to be irresistibly desired." - Robert Frost
47. "Love is the only sane and satisfactory answer to the problem of human existence." - Erich Fromm
48. "Love is a choice you make from moment to moment." - Barbara De Angelis
49. "Love is a game in which one always cheats." - Honoré de Balzac
50. "Love is the whole thing. We are only pieces." - Rumi

## KIDS

1. "Children are the living messages we send to a time we will not see." - John F. Kennedy
2. "There can be no keener revelation of a society's soul than the way in which it treats its children." - Nelson Mandela
3. "Children must be taught how to think, not what to think." - Margaret Mead
4. "The soul is healed by being with children." - Fyodor Dostoevsky
5. "Children are not things to be molded, but are people to be unfolded." - Jess Lair
6. "Every child you encounter is a divine appointment." - Wess Stafford
7. "Children are the anchors that hold a mother to life." - Sophocles
8. "Children are like wet cement. Whatever falls on them makes an impression." - Haim Ginott
9. "Children need models rather than critics." - Joseph Joubert
10. "Children have never been very good at listening to their elders, but they have never failed to imitate them." - James Baldwin
11. "Children are the hands by which we take hold of heaven." - Henry Ward Beecher
12. "A child is a beam of sunlight from the Infinite and Eternal, with possibilities of virtue and vice."  
- Lyman Abbott
13. "Children are our most valuable resource." - Herbert Hoover
14. "Children see magic because they look for it." - Christopher Moore
15. "A child can ask questions that a wise man cannot answer." - Unknown
16. "Children make your life important." - Erma Bombeck
17. "Children are likely to live up to what you believe of them." - Lady Bird Johnson
18. "Children need love, especially when they do not deserve it." - Harold Hulbert
19. "There are no seven wonders of the world in the eyes of a child. There are seven million." - Walt Streightiff
20. "Children are one third of our population and all of our future." - Select Panel for the Promotion of Child Health, 1981



21. "The greatest gifts you can give your children are the roots of responsibility and the wings of independence." - Denis Waitley
22. "Children are the keys of paradise." - Eric Hoffer
23. "Children reinvent your world for you." - Susan Sarandon
24. "While we try to teach our children all about life, our children teach us what life is all about." - Angela Schwindt
25. "A child is a curly dimpled lunatic." - Ralph Waldo Emerson
26. "Every child comes with the message that God is not yet discouraged of man." - Rabindranath Tagore
27. "The potential possibilities of any child are the most intriguing and stimulating in all creation." - Ray L. Wilbur
28. "Children make you want to start life over." - Muhammad Ali
29. "Children are the only form of immortality that we can be sure of." - Peter Ustinov
30. "Children are like sponges. They absorb all your strength and leave you limp... but give them a squeeze and you get it all back." - Unknown
31. "Children are the true connoisseurs, what's precious to them has no price, only value." - Bel Kaufman
32. "Children are not a distraction from more important work. They are the most important work." - C.S. Lewis
33. "A person's a person, no matter how small." - Dr. Seuss
34. "Children are the living flowers of the earth." - Maksim Gorky
35. "The greatest legacy we can leave our children is happy memories." - Og Mandino
36. "Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said." - Unknown
37. "Children have a way of surprising us with their wisdom." - Unknown
38. "In every real man a child is hidden that wants to play." - Friedrich Nietzsche
39. "Children are natural mimics who act like their parents despite every effort to teach them good manners." - Unknown

40. "Children are our future, and the only way the world can improve is by the next generation being better than the last." - Unknown
41. "The best way to make children good is to make them happy." - Oscar Wilde
42. "Children will not remember you for the material things you provided but for the feeling that you cherished them." - Richard L. Evans
43. "Children learn more from what you are than what you teach." - W.E.B. Du Bois
44. "A child is an uncut diamond." - Austin O'Malley
45. "Every child born into the world is a new thought of God, an ever-fresh and radiant possibility."  
- Kate Douglas Wiggin
46. "Children are the touchstones of our character." - Unknown
47. "The childhood shows the man, as morning shows the day." - John Milton
48. "Children are likely to live up to what you believe of them." - Lady Bird Johnson
49. "Each day of our lives we make deposits in the memory banks of our children." - Charles R. Swindoll
50. "Children keep us in check. Their laughter prevents our hearts from hardening. Their dreams ensure we never lose our drive to make ours a better world." - Queen Rania of Jordan

# FAMILY

1. "Family is not an important thing. It's everything." - Michael J. Fox
2. "The family is one of nature's masterpieces." - George Santayana
3. "In family life, love is the oil that eases friction, the cement that binds closer together, and the music that brings harmony." - Friedrich Nietzsche
4. "Other things may change us, but we start and end with the family." - Anthony Brandt
5. "The greatest thing in family life is to take a hint when a hint is intended—and not to take a hint when a hint isn't intended." - Robert Frost
6. "Family means no one gets left behind or forgotten." - David Ogden Stiers
7. "The family is the test of freedom; because the family is the only thing that the free man makes for himself and by himself." - Gilbert K. Chesterton
8. "Family is the most important thing in the world." - Princess Diana
9. "The bond that links your true family is not one of blood, but of respect and joy in each other's life." - Richard Bach
10. "Families are the compass that guides us. They are the inspiration to reach great heights, and our comfort when we occasionally falter." - Brad Henry
11. "To us, family means putting your arms around each other and being there." - Barbara Bush
12. "Family faces are magic mirrors. Looking at people who belong to us, we see the past, present, and future." - Gail Lumet Buckley
13. "The family is the first essential cell of human society." - Pope John XXIII
14. "The strength of a family, like the strength of an army, is in its loyalty to each other." - Mario Puzo
15. "The greatest gifts you can give your children are the roots of responsibility and the wings of independence." - Denis Waitley
16. "Family is not defined by our genes, it is built and maintained through love." - Amalia Hernandez
17. "The informality of family life is a blessed condition that allows us all to become our best while looking our worst." - Marge Kennedy
18. "In time of test, family is best." - Burmese Proverb

19. "The family is the nucleus of civilization." - Will Durant
20. "Family: A social unit where the father is concerned with parking space, the children with outer space, and the mother with closet space." - Evan Esar
21. "A happy family is but an earlier heaven." - George Bernard Shaw
22. "You don't choose your family. They are God's gift to you, as you are to them." - Desmond Tutu
23. "The family – that dear octopus from whose tentacles we never quite escape, nor, in our inmost hearts, ever quite wish to." - Dodie Smith
24. "Family is not about blood. It's about who is willing to hold your hand when you need it the most." - Unknown
25. "The love of family and the admiration of friends is much more important than wealth and privilege." - Charles Kuralt
26. "Families are like fudge – mostly sweet with a few nuts." - Unknown
27. "A man travels the world over in search of what he needs and returns home to find it." - George A. Moore
28. "Call it a clan, call it a network, call it a tribe, call it a family: Whatever you call it, whoever you are, you need one." - Jane Howard
29. "Family: where life begins and love never ends." - Unknown
30. "A family is a risky venture, because the greater the love, the greater the loss... That's the trade-off. But I'll take it all." - Brad Pitt
31. "The most important thing in the world is family and love." - John Wooden
32. "In every conceivable manner, the family is link to our past, bridge to our future." - Alex Haley
33. "Families are like branches on a tree. We grow in different directions yet our roots remain as one." - Unknown
34. "The family is a haven in a heartless world." - Christopher Lasch
35. "Family is the most important team you'll ever have." - Unknown
36. "The family is one of nature's solubles; it dissolves in time like salt in rainwater." - D.H. Lawrence
37. "At the end of the day, a loving family should find everything forgivable." - Mark V. Olsen

38. "Family: A social unit where the father is concerned with parking space, the children with outer space, and the mother with closet space." - Evan Esar
39. "The family you come from isn't as important as the family you're going to have." - Ring Lardner
40. "There is no doubt that it is around the family and the home that all the greatest virtues are created, strengthened and maintained." - Winston Churchill
41. "The family is the school of duties - founded on love." - Felix Adler
42. "Family ties mean that no matter how much you might want to run from your family, you can't." - Unknown
43. "The family is the first essential cell of human society." - Pope John XXIII
44. "Family quarrels are bitter things. They don't go according to any rules. They're not like aches or wounds, they're more like splits in the skin that won't heal because there's not enough material." - F. Scott Fitzgerald
45. "The family is the ultimate economic unit in any society." - Unknown
46. "In every dispute between parent and child, both cannot be right, but they may be, and usually are, both wrong. It is this situation which gives family life its peculiar hysterical charm." - Isaac Rosenfeld
47. "Family is a life jacket in the stormy sea of life." - J.K. Rowling
48. "The family you come from isn't as important as the family you're going to have." - Ring Lardner
49. "Family: A group experience of love and support." - Marianne Williamson
50. "The family is one of nature's masterpieces." - George Santayana

# CONNECTION

1. "A friend is one soul in two bodies." - Aristotle
2. "Friendship is born at that moment when one person says to another, 'What! You too? I thought I was the only one.'" - C.S. Lewis
3. "True friends are like diamonds – bright, beautiful, valuable, and always in style." - Nicole Richie
4. "A real friend is one who walks in when the rest of the world walks out." - Walter Winchell
5. "Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." - Muhammad Ali
6. "The greatest gift of life is friendship, and I have received it." - Hubert H. Humphrey
7. "A friend is someone who gives you total freedom to be yourself." - Jim Morrison
8. "Friendship is the only cement that will ever hold the world together." - Woodrow Wilson
9. "Friends are those rare people who ask how we are and then wait to hear the answer." - Ed Cunningham
10. "A friend is one that knows you as you are, understands where you have been, accepts what you have become, and still, gently allows you to grow." - William Shakespeare
11. "The most beautiful discovery true friends make is that they can grow separately without growing apart." - Elisabeth Foley
12. "Friendship is the golden thread that ties the heart of all the world." - John Evelyn
13. "A true friend never gets in your way unless you happen to be going down." - Arnold H. Glasow
14. "The language of friendship is not words but meanings." - Henry David Thoreau
15. "Friendship is the inexpressible comfort of feeling safe with a person, having neither to weigh thoughts nor measure words." - George Eliot
16. "A friend is someone who knows all about you and still loves you." - Elbert Hubbard
17. "Friendship is always a sweet responsibility, never an opportunity." - Khalil Gibran
18. "True friendship comes when the silence between two people is comfortable." - David Tyson
19. "Friendship is like a glass ornament, once it is broken it can rarely be put back together exactly the same way." - Charles Kingsley

20. "A true friend is someone who thinks that you are a good egg even though he knows that you are slightly cracked." - Bernard Meltzer
21. "The best time to make friends is before you need them." - Ethel Barrymore
22. "Friendship marks a life even more deeply than love. Love risks degenerating into obsession, friendship is never anything but sharing." - Elie Wiesel
23. "Friends are the siblings God never gave us." - Mencius
24. "Friendship is the only thing in the world concerning the usefulness of which all mankind are agreed." - Cicero
25. "A friend is what the heart needs all the time." - Henry Van Dyke
26. "Friendship is a sheltering tree." - Samuel Taylor Coleridge
27. "There is nothing on this earth more to be prized than true friendship." - Thomas Aquinas
28. "Friendship is unnecessary, like philosophy, like art... It has no survival value; rather it is one of those things which give value to survival." - C.S. Lewis
29. "A friend may be waiting behind a stranger's face." - Maya Angelou
30. "The best mirror is an old friend." - George Herbert
31. "Friends show their love in times of trouble, not in happiness." - Euripides
32. "True friendship multiplies the good in life and divides its evils." - Baltasar Gracián
33. "Friendship is the marriage of the soul." - Voltaire
34. "The only way to have a friend is to be one." - Ralph Waldo Emerson
35. "Friendship is a plant of slow growth and must undergo and withstand the shocks of adversity before it is entitled to the appellation." - George Washington
36. "A friend is one who overlooks your broken fence and admires the flowers in your garden." - Unknown
37. "Friendship is the shadow of the evening, which strengthens with the setting sun of life." - Jean de La Fontaine
38. "True friends are always together in spirit." - L.M. Montgomery
39. "Friendship is a wildly underrated medication." - Anna Deavere Smith

40. "The love of my life is the love between friends." - Thich Nhat Hanh
41. "Friendship is a strong and habitual inclination in two persons to promote the good and happiness of one another." - Eustace Budgell
42. "A friend knows the song in my heart and sings it to me when my memory fails." - Donna Roberts
43. "Friendship is the source of the greatest pleasures, and without friends even the most agreeable pursuits become tedious." - Thomas Aquinas
44. "The most I can do for my friend is simply be his friend." - Henry David Thoreau
45. "Friendship is like money, easier made than kept." - Samuel Butler
46. "Friendship improves happiness and abates misery, by the doubling of our joy and the dividing of our grief." - Marcus Tullius Cicero
47. "A friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words." - Unknown
48. "The glory of friendship is not the outstretched hand, not the kindly smile, nor the joy of companionship; it is the spiritual inspiration that comes to one when you discover that someone else believes in you and is willing to trust you with a friendship." - Ralph Waldo Emerson
49. "Friendship is the comfort, the inexpressible comfort of feeling safe with a person, having neither to weigh thoughts nor measure words." - George Eliot
50. "Connection is why we're here; it is what gives purpose and meaning to our lives." - Brené Brown



# CONTRIBUTION

1. "The meaning of life is to find your gift. The purpose of life is to give it away." - Pablo Picasso
2. "No one has ever become poor by giving." - Anne Frank
3. "We make a living by what we get, but we make a life by what we give." - Winston Churchill
4. "The best way to find yourself is to lose yourself in the service of others." - Mahatma Gandhi
5. "Everyone has a purpose in life... a unique gift or special talent to give to others." - Deepak Chopra
6. "Service to others is the rent you pay for your room here on earth." - Muhammad Ali
7. "The true meaning of life is to plant trees, under whose shade you do not expect to sit." - Nelson Henderson
8. "I've learned that you shouldn't go through life with a catcher's mitt on both hands. You need to be able to throw something back." - Maya Angelou
9. "The sole meaning of life is to serve humanity." - Leo Tolstoy
10. "The difference between what we do and what we are capable of doing would suffice to solve most of the world's problems." - Mahatma Gandhi
11. "How wonderful it is that nobody need wait a single moment before starting to improve the world." - Anne Frank
12. "Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." - Dr. Seuss
13. "The best use of life is to spend it for something that outlasts it." - William James
14. "We rise by lifting others." - Robert Ingersoll
15. "The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well." - Ralph Waldo Emerson
16. "Life's most persistent and urgent question is, 'What are you doing for others?'" - Martin Luther King Jr.
17. "The greatest good you can do for another is not just to share your riches but to reveal to him his own." - Benjamin Disraeli
18. "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." - Margaret Mead

19. "I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." - Edward Everett Hale
20. "The value of a man resides in what he gives and not in what he is capable of receiving." - Albert Einstein
21. "Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared." - Buddha
22. "The smallest act of kindness is worth more than the grandest intention." - Oscar Wilde
23. "If you can't feed a hundred people, then feed just one." - Mother Teresa
24. "No one is useless in this world who lightens the burdens of another." - Charles Dickens
25. "Everybody can be great. Because anybody can serve." - Martin Luther King Jr.
26. "The highest form of wisdom is kindness." - The Talmud
27. "It's not enough to have lived. We should be determined to live for something." - Winston S. Churchill
28. "You have not lived today until you have done something for someone who can never repay you." - John Bunyan
29. "There is no exercise better for the heart than reaching down and lifting people up." - John Holmes
30. "We cannot live only for ourselves. A thousand fibers connect us with our fellow men." - Herman Melville
31. "The miracle is this: the more we share, the more we have." - Leonard Nimoy
32. "No act of kindness, no matter how small, is ever wasted." - Aesop
33. "What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal." - Albert Pike
34. "Be the change you wish to see in the world." - Mahatma Gandhi
35. "If you want to lift yourself up, lift up someone else." - Booker T. Washington
36. "It is every man's obligation to put back into the world at least the equivalent of what he takes out of it." - Albert Einstein
37. "The greatest use of life is to spend it for something that will outlast it." - William James

38. "We are all connected. What one does affects the other." - Anonymous
39. "The work an unknown good man has done is like a vein of water flowing hidden underground, secretly making the ground green." - Thomas Carlyle
40. "He who wishes to secure the good of others has already secured his own." - Confucius
41. "The only ones among you who will be really happy are those who will have sought and found how to serve." - Albert Schweitzer
42. "The most worthwhile thing is to try to put happiness into the lives of others." - Robert Baden-Powell
43. "To know even one life has breathed easier because you have lived. This is to have succeeded." - Ralph Waldo Emerson
44. "Every man must decide whether he will walk in the light of creative altruism or in the darkness of destructive selfishness." - Martin Luther King Jr.
45. "I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy are those who have sought and found how to serve." - Albert Schweitzer
46. "The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope." - Barack Obama
47. "The greatness of a community is most accurately measured by the compassionate actions of its members." - Coretta Scott King
48. "We cannot solve our problems with the same thinking we used when we created them." - Albert Einstein
49. "Do what you can, with what you have, where you are." - Theodore Roosevelt
50. "Act as if what you do makes a difference. It does." - William James

## BUSINESS & WORK

1. "Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work." - Steve Jobs
2. "The only way to do great work is to love what you do." - Steve Jobs
3. "Business opportunities are like buses, there's always another one coming." - Richard Branson
4. "The secret of getting ahead is getting started." - Mark Twain
5. "Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful." - Albert Schweitzer
6. "The best way to predict the future is to create it." - Peter Drucker
7. "Don't be afraid to give up the good to go for the great." - John D. Rockefeller
8. "The successful warrior is the average man, with laser-like focus." - Bruce Lee
9. "There are no secrets to success. It is the result of preparation, hard work, and learning from failure." - Colin Powell
10. "Success usually comes to those who are too busy to be looking for it." - Henry David Thoreau
11. "The harder you work, the luckier you get." - Gary Player
12. "To be successful, you have to have your heart in your business, and your business in your heart." - Thomas Watson Sr.
13. "The only place where success comes before work is in the dictionary." - Vidal Sassoon
14. "A business that makes nothing but money is a poor business." - Henry Ford
15. "If you really look closely, most overnight successes took a long time." - Steve Jobs
16. "The difference between successful people and very successful people is that very successful people say 'no' to almost everything." - Warren Buffett
17. "I'm convinced that about half of what separates successful entrepreneurs from the non-successful ones is pure perseverance." - Steve Jobs
18. "It's not about ideas. It's about making ideas happen." - Scott Branson
19. "Make every detail perfect and limit the number of details to perfect." - Jack Dorsey
20. "If you don't understand the details of your business you are going to fail." - Jeff Bezos

21. "The best time to plant a tree was 20 years ago. The second best time is now." - Chinese Proverb
22. "The secret of change is to focus all your energy not on fighting the old, but on building the new." - Socrates
23. "Whenever you see a successful business, someone once made a courageous decision." - Peter F. Drucker
24. "In the business world, everyone is paid in two coins: cash and experience. Take the experience first; the cash will come later." - Harold Geneen
25. "The way to get started is to quit talking and begin doing." - Walt Disney
26. "There's no shortage of remarkable ideas, what's missing is the will to execute them." - Seth Godin
27. "If you're not embarrassed by the first version of your product, you've launched too late." - Reid Hoffman
28. "Don't worry about failure; you only have to be right once." - Drew Houston
29. "Your most unhappy customers are your greatest source of learning." - Bill Gates
30. "If you don't drive your business, you will be driven out of business." - B. C. Forbes
31. "Chase the vision, not the money; the money will end up following you." - Tony Hsieh
32. "The only limit to our realization of tomorrow will be our doubts of today." - Franklin D. Roosevelt
33. "What do you need to start a business? Three simple things: know your product better than anyone, know your customer, and have a burning desire to succeed." - Dave Thomas
34. "If you're going through hell, keep going." - Winston Churchill
35. "The greatest ability in business is to get along with others and influence their actions." - John Hancock
36. "Failure is simply the opportunity to begin again, this time more intelligently." - Henry Ford
37. "Business has only two functions - marketing and innovation." - Milan Kundera
38. "A business has to be involving, it has to be fun, and it has to exercise your creative instincts." - Richard Branson
39. "The most dangerous poison is the feeling of achievement. The antidote is to every evening think what can be done better tomorrow." - Ingvar Kamrad

40. "Success is not final; failure is not fatal: it is the courage to continue that counts." - Winston Churchill
41. "The successful man is the one who finds out what is the matter with his business before his competitors do." - Roy L. Smith
42. "A satisfied customer is the best business strategy of all." - Michael LeBoeuf
43. "If you want to succeed you should strike out on new paths, rather than travel the worn paths of accepted success." - John D. Rockefeller
44. "The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand." - Vince Lombardi
45. "The secret of business is to know something that nobody else knows." - Aristotle Onassis
46. "Good business leaders create a vision, articulate the vision, passionately own the vision, and relentlessly drive it to completion." - Jack Welch
47. "There is only one boss. The customer. And he can fire everybody in the company from the chairman on down, simply by spending his money somewhere else." - Sam Walton
48. "The goal as a company is to have customer service that is not just the best but legendary." - Sam Walton
49. "In the world of business, the people who are most successful are those who are doing what they love." - Warren Buffett
50. "The only strategy that is guaranteed to fail is not taking risks." - Mark Zuckerberg

## FINANCE & WEALTH

1. "The stock market is filled with individuals who know the price of everything, but the value of nothing." - Phillip Fisher
2. "An investment in knowledge pays the best interest." - Benjamin Franklin
3. "Wealth is not his that has it, but his that enjoys it." - Benjamin Franklin
4. "It's not how much money you make, but how much money you keep, how hard it works for you, and how many generations you keep it for." - Robert Kiyosaki
5. "The four most expensive words in the English language are, 'This time it's different.'" - Sir John Templeton
6. "Money is only a tool. It will take you wherever you wish, but it will not replace you as the driver." - Ayn Rand
7. "The individual investor should act consistently as an investor and not as a speculator." - Ben Graham
8. "I will tell you the secret to getting rich on Wall Street. You try to be greedy when others are fearful. And you try to be fearful when others are greedy." - Warren Buffett
9. "The goal isn't more money. The goal is living life on your terms." - Chris Brogan
10. "Wealth is the ability to fully experience life." - Henry David Thoreau
11. "It's not the employer who pays the wages. Employers only handle the money. It's the customer who pays the wages." - Henry Ford
12. "A penny saved is a penny earned." - Benjamin Franklin
13. "The rich invest in time, the poor invest in money." - Warren Buffett
14. "Don't tell me what you value, show me your budget, and I'll tell you what you value." - Joe Biden
15. "The more you learn, the more you earn." - Warren Buffett
16. "The habit of saving is itself an education; it fosters every virtue, teaches self-denial, cultivates the sense of order, trains to forethought, and so broadens the mind." - T.T. Munger
17. "If you don't find a way to make money while you sleep, you will work until you die." - Warren Buffett
18. "Opportunity is missed by most people because it is dressed in overalls and looks like work." - Thomas Edison



19. "The art is not in making money, but in keeping it." - Proverb
20. "Money is a terrible master but an excellent servant." - P.T. Barnum
21. "It's simple arithmetic: Your income can grow only to the extent that you do." - T. Harv Eker
22. "The quickest way to double your money is to fold it in half and put it in your back pocket." - Will Rogers
23. "Money is multiplied in practical value depending on the number of W's you control in your life: what you do, when you do it, where you do it, and with whom you do it." - Timothy Ferriss
24. "Formal education will make you a living; self-education will make you a fortune." - Jim Rohn
25. "The only difference between a rich person and a poor person is how they use their time." - Robert Kiyosaki
26. "Never spend your money before you have earned it." - Thomas Jefferson
27. "The stock market is designed to transfer money from the active to the patient." - Warren Buffett
28. "Financial peace isn't the acquisition of stuff. It's learning to live on less than you make, so you can give money back and have money to invest. You can't win until you do this." - Dave Ramsey
29. "A budget is telling your money where to go instead of wondering where it went." - John C. Maxwell
30. "Money is like gasoline during a road trip. You don't want to run out of gas on your trip, but you're not doing a tour of gas stations." - Tim O'Reilly
31. "The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty." - Winston Churchill
32. "Compound interest is the eighth wonder of the world. He who understands it, earns it; he who doesn't, pays it." - Albert Einstein
33. "The best way to become a millionaire is to borrow a million dollars and have your parents pay it off." - Unknown
34. "The biggest risk of all is not taking one." - Mellody Hobson
35. "Fortune sides with him who dares." - Virgil
36. "Money grows on the tree of persistence." - Japanese Proverb
37. "If you want to know what a man is really like, take notice of how he acts when he loses money." - Simone Weil



38. "The real measure of your wealth is how much you'd be worth if you lost all your money." - Unknown
39. "Wealth consists not in having great possessions, but in having few wants." - Epictetus
40. "If you live for having it all, what you have is never enough." - Vicki Robin
41. "Too many people spend money they haven't earned, to buy things they don't want, to impress people they don't like." - Will Rogers
42. "The more you know about personal finance, the better you'll be at managing your money." - Unknown
43. "Time is more valuable than money. You can get more money, but you cannot get more time." - Jim Rohn
44. "Financial freedom is available to those who learn about it and work for it." - Robert Kiyosaki
45. "Don't let money run your life, let money help you run your life better." - John Rampton
46. "The key to financial freedom and great wealth is a person's ability or skill to convert earned income into passive income and/or portfolio income." - Robert Kiyosaki
47. "Money is a guarantee that we may have what we want in the future. Though we need nothing at the moment it insures the possibility of satisfying a new desire when it arises." - Aristotle
48. "Wealth is not about having a lot of money; it's about having a lot of options." - Chris Rock
49. "It's good to have money and the things that money can buy, but it's good, too, to check up once in a while and make sure that you haven't lost the things that money can't buy." - George Horace Lorimer
50. "The person who doesn't know where his next dollar is coming from usually doesn't know where his last dollar went." - Unknown